



Just over one in ten patients on any GP practice list is a carer, although many go unrecognised. Carers provide extremely valuable support to the people that they look after. They enable people to maintain their independence and quality of life. (*Princess Royal Trust)

Are you providing unpaid care to a partner, relative, friend or neighbour?

Then You Could Be a Carer.

Did you know Wigan and Leigh Carer's Centre can support you emotionally and practically?

We Offer Carers

Free Benefit Advice

Free One to One Support (for the Carer)

Free Counselling (for the Carer)

Free Training/Activities

Arrange for You to Have a Carer's Assessment

Put You In Touch With A Support Group

We Have a Befriending Service

If you would like more information visit or contact Wigan and Leigh Carer's Centre direct by...

Address:

Wigan and Leigh Carers Centre

3 – 5 Frederick Street, Hindley, Wigan, WN2 3BD.

Telephone 01942 705959

Website

<http://www.wiganandleighcarerscentre.org.uk/>

Facebook

<https://www.facebook.com/pat.millward.31/>

e-mail

info@wiganandleighcarerscentre.org.uk

Or you can call in personally

Monday – Friday 9 am - 4 pm